

Donegal Primary Schools

SPORTSHALL ATHLETICS FOR SMALL SCHOOLS

ORDER OF EVENTS (DRAFT)



Some Rules

- **ALL SCHOOL TEAMS ARE MIXED**
- Maximum numbers of 18 pupils per school
- 1 boy and 1 girl minimum entered in each event listed below
- Each child can compete in a maximum of 2 track races and 2 field events.

10:30am **Teams Arrive & Registration**

Track Events (1 boy & 1 girl min. **on each team**)

- **1+1 Lap Race** - 2 Teams (A&B) with x 2 runners
- **2+2 Lap Race** - 2 Teams (A&B) with x 2 runners
- **10 lap Paarlauf** - 1 Team x 4 runners
- **4x1 lap Relay** - 1 Team x 4 runners

Field Events 1 Team x 3 athletes (1 boy & 1 girl min. **on each team**)

- **Standing Long Jump**
- **IK Ball Throw**
- **Vertical Jump**
- **Speed Bounce**

Final Event **Hurdle Relay - 4 x 1 Lap** (Track Event)

1 team x 4 runners (1 boy/1 girl min)

Programme concludes